

Hinderclay Newsletter April 2020

We hope that you are finding the newsletter useful, and want to thank all those who work on producing it from the contributors, designer, printers and deliverers. If you have anything you would like to include in future newsletters, please send to karencalton@hotmail.co.uk or phone her on 01379 898949.

Corona Virus Newsletter Special

In these unprecedented times, our monthly village newsletter will look very different. Most events have been cancelled or postponed and life as we knew it has changed dramatically. We hope we can support each other through these difficult times and stay safe and well. We are lucky to live in Hinderclay, where we will hopefully be able to get out into our gardens, walk our dogs, go for a cycle ride or chat on the phone to friends and neighbours. However small your input, you maybe able to lift someone's spirits with a phone call or chat over the fence (at a safe 2 meter distance!) to someone who may be struggling to cope. Of course we must all listen to advise from the government to keep us and everyone else safe.

Good Neighbour Group

Unfortunately our meeting had to be postponed before this group got off the ground. We have however, set up an emergency group to help those in need throughout this crisis. Hopefully most of you will have had a 'Help' leaflet with a contact name and number delivered through your door. This is for help if you unable to leave your house for essential supplies or if you would like a phone call for support or a chat.

Contact names and numbers

Karen Calton	01379 898949
Roger Michaels	01379 890257
Kate Rose	01379 898562
Chris Clayton	07841 016384
Ken Smith (happy to chat!)	01379 898776
Rowena Kerlake	07808 772197
Richard Langston	07939 241550
Julia Kenyon	07933 327004



The Pharmacy are happy for one person to collect multiple prescriptions but you need to register your mobile number with them so they can text you when the prescription is ready. Currently, there is a 7 day wait for prescriptions. If you phone Karen Calton, she will arrange for someone to pick up the prescription and drop it off to you.

St Mary's Church

Rev. Cathy Bladen 01359 250239

revcathybladen@gmail.com

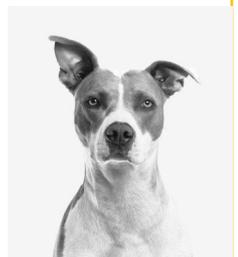
Church Warden: Kate Rose 01379 898562

In view of the medical emergency, the Archbishop has told all Churches to close until further notice. We will open as soon as we are told that it is safe to do so. Cathy is now a member of our Hinderclay Facebook page so you can add any prayer requests on there or email direct.



Dog Fouling

This was discussed at the Parish Council meeting. Parish Councillors do not have the powers to stop this and suggest that if you have a problem, try to collect evidence eg take photos and then report to the police.



Parish Council News

Message to families: Is your child eligible for Suffolk County Council school travel? If they are, you will need to opt-in by 31 May 2020, to receive travel for the start of the 2020-2021 school term. If your child already receives SCC funded travel you will still need to opt-in every year. If your child is starting secondary school in September 2020 and they are eligible for SCC funded school travel, you will be contacted by 30 March 2020. If your child is starting primary school in September 2020 and they are eligible for SCC funded travel, you will be contacted by 15 May 2020. You will need to opt in if you would like to use either of these services. For more information on SCC school travel policy and getting your child to school, please visit www.suffolkonboard.com/optin

Grants for disability works that need home adaptations such as ramps, grab rails, bathrooms etc has been raised from £5000 to £7500. This grant is not means tested.

Regular Events held in our Village Hall have all been cancelled until further notice. Instead, we have included information for use during the Corona Virus period.

If you need something to occupy yourself in this time, BT have put free training on the internet for anyone to use. Just follow this link and there are lots of free training courses for you. <https://www.bt.com/skillsfortomorrow/>

Our village Facebook page is available for anyone to join—this is the address <https://www.facebook.com/groups/1760003120979331/> and we are having lots of online conversations on there, both serious and fun (mainly the latter!) along with competitions and suggestions of activities in the village that we can do in isolation.

If you are ill or need support, you can register for Priority Services with most of the utility companies. The link for Anglia Water is <https://www.anglianwater.co.uk/help-and-advice/extra-support/priority-services/>

For those who are struggling with staying in alone or with others, NHS have published guidance on wellbeing and managing anxiety. This is the link <https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/>

If you cannot find someone to help you in the village, there is also a Suffolk wide volunteer programme and you can ring the number on this card (**0800 876 6926**) and ask for help.



Little Ernie

Contact Linda Aves (01379 898512) if you would like to support our Village Hall and have the chance to win one of these prizes each month.

March Winners

136 Jackie Pursehouse
34 B Brinkley
66 Mrs K Rose
49 A Easto

Don't forget, the Defibrillator is sited on the wall next to the village hall main door and that if you need to use it in an emergency, please take a mobile phone with you to access the code.

To include something in the Village Newsletter, please email karencalton@hotmail.co.uk or call Karen on 01379 898949