



Hinderclay Newsletter May 2020

We hope that you are finding the newsletter useful, and want to thank all those who work on producing it from the contributors, designer, printers and deliverers. If you have anything you would like to include in future newsletters, please send to karencalton@hotmail.co.uk or phone her on 01379 898949.

Corona Virus Newsletter Special

With the ongoing Corona Virus crisis, it is even more important for us all to keep in touch and to help each other out if we can. The newsletter is longer this month because of all the news we have to share.

We have several willing volunteers who are happy to shop or pick up prescriptions. We have had several comments from some of our more vulnerable residents, that they don't like to ask for help, when they can normally do these tasks themselves. Just for these few months, please don't feel that you are being a nuisance, your safety is more important.

Contact names and numbers

Karen Calton	01379 898949
Roger Michaels	01379 890257
Kate Rose	01379 898562
Chris Clayton	07841 016384
Ken Smith (happy to chat!)	01379 898776
Rowena Kerslake	07808 772197
Richard Langston	07939 241550
Julia Kenyon	07931 327004

The Pharmacy are happy for one person to collect multiple prescriptions but you need to register your mobile number with them so they can text you when the prescription is ready. Currently, there is a 7 day wait for prescriptions. If you phone Karen Calton, she will arrange for someone to pick up the prescription and drop it off to you.

Hinderclay Fen Trust

During these difficult times with lockdown and social distancing in place, please be aware that small sums of money are available from Hinderclay Fen Trust which could be used to help those in need. If you, or any one you know, who are residents of Hinderclay think you might benefit from this, please get in touch. This service will be entirely confidential, known only to Hinderclay Fen Trustees below.

If you wish to enquire, please contact anyone of the Trustees below

Rev Cathy Bladen 01359 250239
revcathybladen@gmail.com
Dave Ireland 01379 897316
Gareth Jones 01379 890544
Richard Jackson 07769708828
Reg Langston 01379 898009



We were all fortunate to have glorious weather over the Easter weekend. We hope that you managed to walk, run or cycle around the village and take a look at the Easter decorations at various locations.

It was amazing how inventive people were, with a few props and art and craft skills. Our many thanks to all who took the time to decorate their gardens, walls, gates and hedges.

May 2020 from the Rector Rev Cathy Bladen



Dear Friends & Neighbours,

Hi ... How are you doing in this strange time that we're living through?

For each of us our experience of this time is different. For some it's providing a quieter time, a bit like an extended holiday. For some it is really isolating...especially those who are at home on their own. For some there is more work... more pressure, either working from home or going to work as key workers. For some there is the loss of work... which means financial pressure and insecurity. For some there is or has been sickness and loss ...and there is grief and fear in that. All of us in different ways will know the uncertainty of not knowing what is to come ...and how it will be going forward.

But in amongst all our various experiences there are many things that we can find to be grateful for. We can be grateful that we live in such a beautiful part of the country, that we are a rural community with fields and trees and hedgerows and wildlife all around us... and that for many of us we are still able to walk out either into our gardens or into our villages and appreciate the sunshine and the beauty all around us.

We can also be grateful for the communities that we live in; for the way our villages have come together to help and support each other both practically and emotionally... from shopping for those who are shielding, to ringing each other to check how we're doing to just ringing for a good chat. It's interesting that at time when we can't physically meet as a community, being part of community seems even more important... and there are some wonderful stories of people's care and kindness for each other. We have found great ways of encouraging and interacting with each other, from Clapping for Carers and Key workers on a Thursday evening to singing and online competitions and games and photographs on various Facebook pages. I think we're realising how much we need to live in community and how important it is to be a part of our communities; perhaps something in the past we've struggled with in the everyday busyness of our pre-covid lives.

As a Christian I believe that these gifts of creation and community are gifts from God... gifts in and through which we can see and experience something of God's faithfulness, hope and His love... In these last few weeks as life has changed I have found great comfort in both.

In creation I've seen a God of new life, creativity and wonder, a God of detail and beauty. And in the life of our communities I've seen a God of relationship, love and care. Interestingly, that's

very much the message that the miracle of Easter brings us. Out of Jesus' death God brings the beauty of new life; Jesus is raised from the dead and in his rising he brings the possibility of new life for each and every one of us now, and everlasting life in the future. Through the miracle of Easter Jesus bridges the divide between us and God, so enabling us to come into community with God.... into a relationship with God where we can know His love and His care and His hope and His promises for our lives.

Although we can't meet as church in the church building... God's church is still very much alive. From our homes we interact on-line with services and weekly reflections. We're making phone calls and helping practically where we can and we're praying. We're praying for all those key workers who are working so hard for us at this time and we're praying for you our communities and the world, that we all might know God's presence, protection and His healing. If you would like someone to pray specifically for you then please get in touch and if you'd like to follow our services please check out the Churches Benefice Facebook page <https://www.facebook.com/unitedbenefice/> or we can email the reflections to you.

In the uncertainty of these uncertain times it's a precious thing to personally know God's love and care. My prayer is that in the midst of a new appreciation for creation and community each of us would be able to recognise and find God... and so know... "...how wide and long and high and deep"(Ephesians 3:18) His love is... for each and every one of us ...and in that through that love we would also know His peace and so be able to trust Him in the uncertainty and for the future.

God Bless you and stay safe. **Cathy**

Corona Exhibition and BBQ

When we eventually come out of self isolation, we hope to hold a barbecue and exhibition at the village hall, so that we can all get together, in person, and share some of our stories and to say thanks to all of our key workers that live in the village.

We want to stage an exhibition of **'What you got up to when you couldn't go out'** Paintings and drawings, Knitting, crochet and stitching. Pottery and crafts. Cooking. Poetry and short stories. Flowers and gardening. Photography. DIY projects (photos). Before and after haircut photos. Progress in health and exercise. Video clips of activities, eg dance, acting, animal training. The list could be endless. This is very much in the 'ideas' stage, and we would need help from as many people as possible. We will plan to hold our first meeting via Zoom or similar, but if you are not on the internet, you can be kept in the loop and join in later.

If you think that you could help in anyway then please send your details to Rowena Kerslake on familykerslake@gmail.com or 07808 772197

Many of you would remember seeing Jim/Jimmy Davidson walking the roads and paths of Hinderclay and may of stopped for a chat, which sometimes proved difficult, until he finally relented and got a hearing aid. Sadly Jim passed away on 30th March after a short illness. His passing came just 4 days short of the date of his brother Peter passing away in 2019. The two brothers had lived in their cottage together in Hinderclay for over 50 years.

Jim was proud to say that he was only ever late for work twice in his life. Once, when he worked on a dairy farm in Thelnetham, when he had a puncture in his bike tyre, and the second time, when heavy snow made him late for his work in the saw mill at Clarkes of Walsham. Known for sometimes being rather stubborn, Jim was, never the less, very kind hearted, and often helped out people and charities with his time and his money. A true character of our village, and one who will be sadly missed. Jim's funeral took place at St Faiths Crematorium, Norwich on 21st April, where 10 mourners were permitted to attend.

Village Face-book page -join us for some fun!

<https://www.facebook.com/groups/1760003120979331/>

Gressinghams staff shop

Gressinghams in Redgrave are opening up their staff shop to local residents to purchase duck, chicken and other poultry items. At present it will be open on Tuesdays and Thursdays from 4pm - 5.30pm. Card payments only. The shop is located in a portacabin in the main carpark, opposite the main factory.



NHS Direct helpline for anyone with mental health problems

0808 196 3494

HOME, BUT NOT ALONE

Connecting volunteers and vulnerable people in Suffolk

DOWNLOAD
Tribe - Volunteer
APP TO VOLUNTEER



Need a volunteer's help? Call: 0800 876 6926

#COVID19SUFFOLK

Suffolk help line for anyone needing help in this time

0800 876 6926

Open 9-5 every day

Warm Homes Fund

Suffolk Councils have been successful in being awarded funding for the next three years to install first time central heating systems in fuel poor households. Cold homes are not just uncomfortable to live in, they can have a negative effect on health. In Suffolk there are still a large number of houses that do not have central heating systems with a boiler and radiators. Your property needs to be privately owned or privately rented. **If you have no central heating, please look for details and an application at www.greensuffolk.org/whf or phone 03456 037 686**



Village Hall Little Ernie

As the committee have been unable to meet up, the Little Ernie draw has not taken place for April. As soon as it is possible for members of the committee to get together, the draw will take place for April, May and any future months that we may still be in social isolation. Thank you for your patience.

Dog Walkers

On our walk this morning, heading down Gobbits Road from the village hall, we spotted 2 bright yellow 'poo bags' discarded on the grass. As more people are taking their daily walks in and around the village, it would seem to be most inconsiderate to behave in such a manner. Thank you for putting the 'poop' in the bag, but PLEASE put it in the bin provided. Paul and Kate Rose

Note to residents of Hinderclay May 2020

Today is another glorious and sun-drenched spring day, which in light of our enforced isolation, is tantamount to a very tempting indulgence, as it taunts us with its allure. Although our movements are restricted it is very heartening to hear of many examples of villagers looking out for each other. Neighbours are clearly assisting where they can and the kindness being shown to others is a wonderful example of Hinderclay residents being notably generous in spirit and deed.

I am pleased to say though that our village maintains its characteristic charm, after coming through a long, damp and rather dour autumn and winter. Much has happened during the course of the last year with the Parish Council providing assistance where it could, including the refurbishments to the village hall and ensuring that the highways through and around the village are maintained to the benefit of all.

Planning applications have continued to be received and of course within a small village strong opinions are held , but recommendations are always made on what is felt to be in the best interests of the village as a whole.

Footpaths are another area that are often discussed and now that conditions have improved markedly, they are probably being utilised now more than ever. The prolonged wet weather over the winter made their upkeep virtually impossible but the maintenance is now underway with the replacement of the bridle path bridge at the bottom of Cowfen Lane taking place shortly.

I am pleased to report that crime and disorder in the village continue to fall, thanks to the vigilance and awareness of villagers, but we mustn't be complacent and at this time of lockdown and isolation, it is even more important to keep our eyes open to unusual and suspicious activities.

I wish you all my best wishes and to keep safe and healthy, so when the restrictions are lifted we can return in good spirits to whatever the new normal presents to us.

Regards

John Davie-Thornhill
Chairman Hinderclay Parish Council.

