

Hinderclay Newsletter August 2023

If you have anything for the September newsletter, please email liz.channell59@gmail.com

Dust off your bikes!



This years Suffolk Historic Churches Trust ride and stride annual bike ride is taking place on **Saturday 9th September from 9am until 5pm**

If you have never taken part before, this is a great family event to join in with. Most churches and chapels in Suffolk and neighbouring Norfolk will be open and manned for the day, with many providing refreshments. Work out a route to visit as many of these churches as possible and get sponsorship to raise funds to keep these buildings in good repair. If you take part representing St Marys in Hinderclay, then half of any money raised goes directly back to St Marys with the other half going into a fund to maintain the buildings most at risk.

Sponsorship forms and a full list of open churches and chapels will soon be available from

Karen Calton on 01379 898949
or karencalton@hotmail.co.uk

Church Summer Fete

Thank you to everyone who made this years Fete yet another success - although the weather was not as kind as last year, the wonderful sum of £550.00 was raised.

Our thanks to :

The Star Wars Characters - Tim, Ian and Michael for bringing along their classic vehicles - all the bakers, the delicious cream tea makers, the raffle prize donators, all the helpers and everyone who came along and supported us.

THANK YOU!



BENEFICE MAGAZINE

This monthly magazine covers all 8 parishes in our Benefice. It's an excellent source of information for local tradesmen and events in our area.

Please contact Mr. Ken Smith on **01379 898776** if you would like to subscribe. 10 months = £7.00



Aug/Sept 2023 Bin Collection

Mo	Tu	We	Th	Fr	Sa	Su
31	1		3	4	5	6
	8	9	10	11	12	13
14	15	16	17	18	19	20
	22	23	24	25	26	27
28	29	30	31	1	2	3
	5	6	7	8	9	10

BotesdaleHealth Centre Patient Participation Group

Wellbeing Walks

Our Wellbeing groups continue to run on a regular basis. These may be of interest to patients over the Summer months. If you have visitors staying - bring them along too!

Tuesdays 10am - 11am. Venue: Start from Parkview Chapel

There will be a Trained Lead walker and volunteers to take participating walkers on an easy, friendly circular walk of a maximum one hour duration, and then tea/coffee back at Parkview. If you cannot manage the whole walk, a volunteer will walk with you back to Parkview, and you can pop the kettle on for the Groups return! The group is extremely friendly.

Recreation Ground - Health and Wellbeing

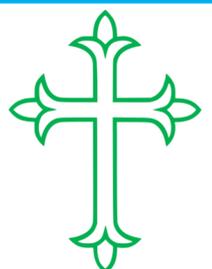
The Botesdale Recreation Ground pathway, makes a delightful short stroll in attractive surroundings. The Health and Fitness equipment placed at the far end of the Recreation Ground, is there for all to use.

St. Mary's Church Services for July.

Sunday 13th August - Holy Communion - Rev Cathy Bladen 10.30am

(Please note the new time)

Other services around the Benefice can be found on the Church website.



Green Fingers Garden Club

The August meeting for Green Fingers will be held on **Wednesday 16th August at 7.30pm** in the Village Hall

We will be having a talk on Propagation Techniques, by Luci of Woottens at Wenhaston.



It is also our AGM and summer show Competition. So a busy programme for the evening. There will be refreshments and our usual raffle and Bring and Buy table.

So do come along and join in the fun...

For more information, please call **Val Forge on 01379 898270**

HINDERCLAY LITTLE ERNIE RESULTS FOR JULY

1st 133 Kerry-Louise Pratt

2nd 132 Mr. E. Garnham

3rd 196 Annabelle Jackson

4th 72 T. Hollingsworth

Congratulations to the winners!

If you would like to be in with a chance to win cash prizes every month and support our Village Hall, please contact

Linda Aves on 01379 898512

HINDERCLAY COFFEE MORNING

The next coffee morning will be on **Thursday August 10th from 10.30am** in the Village Hall. We do hope you will join us for a cup of coffee/tea and a chat. Everyone is welcome and we look forward to seeing you.



For further information, please contact

Len on 01379 898867

Hinderclay Fen Trust was set up for *"the relief of poverty, hardship and distress amongst the inhabitants of the Parish of Hinderclay"*.

The Trust can offer small sums of financial support to villagers in need. If you, or someone you know, has financial problems, for instance visiting hospital or have an education need for your family the Trustees can give money. This service will be totally confidential known only to the Hinderclay Fen Trustees.

Trustee - Rev Cathy Bladen Tel: 01359 250239 or email revcathybladen@gmail.com



Our next Bingo session will be on **Friday 4th August** in the Village Hall. Come and join us for a fun evening and a chance to win cash prizes!

Doors open at 7pm, 'Eyes Down' at 7.30pm.

There will be refreshments and a raffle.

See you there!

Village Hall Bookings

Brownies: Tuesdays in term time 5.30—7pm Contact Clare Brinkley 01379 890 709

Yoga: Wednesday mornings weekly 9—10.30am and Saturday morning 9.15—10.45am Contact Alyze 07542 463363

Coffee Morning: Thursday monthly from 10.30am Contact Len Parsall 01379 898867

Garden Club: Wednesday evenings monthly 7.30pm Contact Val Forge 01379 898270

Bingo: Fridays monthly 7 for 7.30 start Future dates in newsletter

Kenninghall Morris: Thursday evenings 7.30 Contact Jackie Eaton 01379 652349

Yoga: Monday evenings 6—7pm Contact Abigail Jackson 07557 794928

Do you need help or support?



These people are happy to help if they can!

Karen 01379 898949

Kate 01379 898562

Ken 01379 898776

Richard 07939 241550

Roger 01379 890257

Chris 07841 016384

Liz 07900 603594

Julia 07931 327004