

HINDERCLAY NEWSLETTER FEBRUARY 2025

If you have anything for the March newsletter, please email liz.channell59@gmail.com

RACE NIGHT

SATURDAY 22ND MARCH 2025

At Hinderclay Village Hall

Doors open 7.00pm-1st Race 7.30pm

Ticket price £5 (£3 for under 12 years old)

This includes light refreshments.

To book tickets, please call Patrick on 01379 898512 or Dave on 01379 897316 before Monday 17th March.

There will be a Bar and Raffle (Cash only)

1st REDGRAVE AND BOTESDALE BROWNIES

The Brownies had a busy 2024! Along with our weekly meeting exploring themes like wellbeing, nature, community and life skills we have been out and about as much as possible. Local visits to Ixworth Fire Station, Thornham Walks and Morrisons along with sleepovers at Jump Warehouse and Hautbois Activity Centre.

Spring 2025 sees us learning about different ways to communicate, having fun in the dark and marking Thinking Day with a pyjama party sleepover.

As some of our older girls move on, we have spaces available for new members. Please visit www.girlguiding.org.uk or get in touch for more info.

Clare/ Tawny Owl botesdalebrownies@hotmail.com
07813 492820



Hinderclay Little Ernie Winners for January

1st	31	Alayna Guest
2nd	71	David Emerton
3rd	36	Sarah O'Driscoll
4th	59	Jake Trumpess

Congratulations to the winners!

If you would like to be in with a chance to win cash prizes every month (40p per ticket per month) and support our Village Hall, please contact

Linda Aves on 01379 898512

FLOWER FESTIVAL

We are hoping to hold our flower festival again this year. If you are interested in being a part of this event, please come along to a meeting in the Church on Saturday 22nd February at 10am.



GLEN GARNHAM

It is with heavy heart that we report the sudden death of Glen. Glen died on 27th December 2024. His funeral will take place on 7th February at 2pm at the West Suffolk Crematorium, Risby. Our deepest sympathy, thoughts and prayers are with his mother Brenda, his wife Shirley, children Danielle, Michael and Nicholas, and all his family. The family's chosen charity in memory of Glen, is the Air Ambulance.

ST MARY'S CHURCH SERVICES

Sunday 9th February – Holy Communion – 9.30am – Rev Cathy Bladen

Sunday 23rd February – Village Service – 9.30am – Mr Ken Smith

Anyone wanting to subscribe to the Parish News Magazine please contact Mr Ken Smith, Pheasants Rest, Hinderclay. This is a monthly magazine (10 issues) covering news, events and local trade adverts – from the 8 parishes in our benefice. The cost per year is £7 and the magazine will be delivered to your door.



GREEN FINGERS GARDEN CLUB

This month we have Rob Brett, Curator of RHS Hyde Hall coming to tell us about

"The Wonderful World of Orchids". So do come and join us on

Wednesday 19th February at 7.30pm at Hinderclay Village Hall.

Join us for refreshments, raffle and bring and buy garden table.

For any further information please call Val Forge 01379 898270

Many thanks go to Andy and James Pursehouse for taking part in the 2024 Historic Churches cycle ride and stride representing St Marys church with their sponsorship of £105. Thanks also to those that kindly gave up their time to man the refreshments and signing in visitors to the church during the day. We welcomed 40 walkers and cyclists on the day.



We would like to start up our indoor bowling again. We are looking at a Tuesday 10-12 or 2-4. We have all the equipment so you can just come along to play. It will cost £2.50 per session which includes tea & biscuits

If your interested please phone Patrick on 01379 898512 or Dave on 01379 897316



HINDERCLAY DEFIBRILLATOR

It is the Yellow Box located by the main door of the Village Hall. Remember to take your mobile phone - give the 999 operator these 3 words and it will give them the location of the defibrillator box.

UNLOADS - CABS - FIZZLE the post-code is IP22 1HX

HINDERCLAY COFFEE MORNING

A belated Happy New Year to everyone

Our next coffee morning will be on Thursday 13th February from 10.30am at the Village Hall

We enjoyed a lovely Christmas meal at The White Hart in December and Father Christmas visited us at our December get together, with mince pies and presents for everyone.

If you want to join us, please just join up or phone Len on 01379 898877 for more information



Feb/March 2025 Bin Collection

Mo	Tu	We	Th	Fr	Sa	Su
				3	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	1	2
3	4	5	6	7	8	9



Unfortunately February's Bingo session has had to be cancelled. We look forward to seeing you all again in March.

BOTESDALE HEALTH CENTRE PATIENT PARTICIPATION GROUP

How to request proxy access

To request proxy access to another patient's record, both patient and proxy will need to visit Botesdale Health Centre Reception, taking any of the following forms of ID with you: passport driving licence or birth certificate. Once your request is submitted the practice will process the request and respond within 21 days. Botesdale Health Centre will then decide what access, if any, is appropriate and make the changes in their clinical systems to set it up. To find out more <https://www.botesdalehealthcentre.nhs.uk/clinics-and-services/online-services/nhs-app/>

New on line consultation platform

BHC are excited to inform you about an upcoming change to their online consultation service. Starting from Monday 20th January, BHC will be transitioning from the e-Consult platform to Anima, a new online consultation service designed to provide a more efficient and user friendly experience for both patients and staff. All appointments will continue to be offered according to clinical urgency and need.

Village Hall Bookings

Brownies: Tuesdays in term time 5.30—7pm Contact Clare Brinkley 01379 890 709

Yoga: Wednesday mornings weekly 9—10.30am and Saturday morning 9.00—10.30am Contact Alyze 07518 262697

Coffee Morning: Thursday monthly from 10.30am Contact Len Parsall 01379 898867

Garden Club: Wednesday evenings monthly 7.30pm Contact Val Forge 01379 898270

Bingo: Fridays monthly 7 for 7.30 start. Future dates in newsletter

Kenninghall Morris: Thursday evenings 7.30 Contact Vicki 07476 762125

Yoga: Monday evenings 6—7pm Contact Abigail Jackson 07557 794928