

# Hinderclay Newsletter January 2024

If you have anything for the February newsletter, please email [liz.channell59@gmail.com](mailto:liz.channell59@gmail.com)



## Hinderclay Little Ernie Winners for December

- 1st 169 Dianne Woods
- 2nd 127 Johnathan Aves
- 3rd 90 Megan Batram
- 4th 99 Mr. P. Guest

Congratulations to the winners!

If you would like to be in with a chance to win cash prizes every month and support our Village Hall, please contact

**Linda Aves on 01379 898512**

## Hinderclay Coffee Morning

The next coffee morning will be held on Thursday 11th of January and every second Thursday in the month, at The Village Hall Hinderclay from 10.30am

Everyone is welcome and you can enjoy a coffee/tea and a chat.

Further enquiries from Len on 01379 898867



Patrick Aves would like to thank everyone for all the kind wishes and cards received during his recent stay in hospital.

He is now back home with Linda.



## Getting Lighter!

The UK gets lighter by 2 minutes and 7 seconds each day following the Winter Solstice on 22nd December. This equates to an extra hour of daylight a month from 19th January onwards.



## St. Mary's Church Services for January

14th January - Family Service - 9.30am - Mr. Ken Smith

28th January - Holy Communion - 9.30am - Rev Cathy Bladen



It was a joy to welcome so many people to our Christmas services and to see the children too. We would like to thank the Castleton Brass Band, our readers, the flower arrangers who decorated the church so beautifully, Emily and Geoff Metcalfe for the mulled wine treat at the end of our Carol service, and Eric, for providing the Christmas Day 'Choirs' - what a delight to sing along with such illustrious voices. Thank you also to Mr. Ken Smith, for putting both services together to tell the 'Christmas Story'.

We hope everyone had a good Christmas, and we wish you all a very Happy and Peaceful New Year.

## GREEN FINGERS GARDEN CLUB

Hi Everyone...Happy New Gardening Year !



Looking ahead to our 2024 gardening Year, we have a talk on Allotments, which will include the "No Dig" method for growing vegetables.

This will be on Wednesday 17th January in Hinderclay Village Hall at 7.30 p.m. and the talk will be given by Ray How from the National Allotments Society. Entry is £3 for Members and £5 for guests and there will be refreshments and our usual Raffle and Bring and Buy table. See you there.  
Val Forge 01379 898270

### Botesdale Health Centre

BHC respectfully suggest to Patients that they download the **NHS App**. This is not related to Covid passes in any way. The App enables Patients to:

- Link in and book various services with the practice
- Order their prescription.
- Obtain results of tests on the App
- Access to their notes with correspondence from hospital appointment's. This can be especially useful if you are away from home and require seeing a Doctor.
- Eventually Patients will be able to book online appointments at the Practice.

**Please note**, the App does not disadvantage anyone who does not own a smart phone, as if all Patients who wish to, access the App. then Telephone lines at the Practice will be freed of a number of calls which will ensure access to telephone lines is easier for those without the smart phone.

**Please note** that the Volunteers at the Information Desk will be able to assist you with this.

## BINGO

Our next Bingo session will be on **Friday 12th January** at the Village Hall. Come and join us for a fun evening and a chance to win cash prizes!  
Doors open at 7pm, 'Eyes Down' at 7.30pm  
There will be refreshments and a raffle.  
See you there!

Jan/Feb 2024 Bin Collection						
Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	31	1	2	3	4	5
6	7	8	9	10	11	12



### Village Hall Bookings

**Brownies:** Tuesdays in term time 5.30—7pm Contact Clare Brinkley 01379 890 709

**Yoga:** Wednesday mornings weekly 9—10.30am and Saturday morning 9.15—10.45am Contact Alyze 07542 463363

**Coffee Morning:** Thursday monthly from 10.30am Contact Len Parsall 01379 898867

**Garden Club:** Wednesday evenings monthly 7.30pm Contact Val Forge 01379 898270

**Bingo:** Fridays monthly 7 for 7.30 start Future dates in newsletter

**Kenninghall Morris:** Thursday evenings 7.30 Contact Jackie Eaton 01379 652349

**Yoga:** Monday evenings 6—7pm Contact Abigail Jackson 07557 794928

### Do you need help or support?

These people are happy to help if they can!

Karen	01379 898949	Roger	01379 890257
Kate	01379 898562	Chris	07841 016384
Ken	01379 898776	Liz	07900 603594
Richard	07939 241550	Julia	07931 327004